
CONGRATULATIONS FROM BRAZIL

Posted by ARIADNE - 2008/09/09 17:49

Mitchel,

I didn't have time to congratulate you and your beautiful wife. Beck is just perfect!

As you can imagine, I've been looking for a studio all over Sao Paulo, and I can't find one that I fall in-love with. And I was about to ask you guys to install a video camera or something like that, when I receive the news of the videos. They seem great! And of course, I'm excited to try them. I just have a couple of questions to ask. Which of the videos is closer to "Follow the Yogi class" ? I was thinking on getting Abs & Arms, Flexible Hips, and Leg Condition. Do you think, this will be the right ones for me? An of course, are they available in Saras? Thank you very much and receive a big hug from Brazil. And kisses to Tracy and Beck.

Ariadne

Re:CONGRATULATIONS FROM BRAZIL

Posted by mbyoga - 2008/09/15 07:44

Hey Ari,

Great to hear from you. We'll have to come and visit you. I love Brazil! Beck is great. He is the sweetest boy, and Tracy is doing amazing.

Those are 3 great DVDs for you to start with. They are all classes that I am teaching to 9 students (mostly teachers from the Joint). You'll feel right at home with them. Let me know how you like them. And please keep in touch. We promise to come down and visit.

mb

Re:CONGRATULATIONS FROM BRAZIL

Posted by ARIADNE - 2008/09/15 19:58

I would love to have you guys here. This is your house in Brazil!
Please keep in touch,

Ariadne
